



# Ealing Lawn Tennis Club

## MEMBERS MAP – PLAYING OPPORTUNITIES AT ELTC (As of 09-2021)

PLAYING LEVEL	OPPORTUNITIES WITHIN THE CLUB					
<b>BEGINNER</b> (New to the game)	<b>Adult group coaching (beginner)</b> Wednesday 18:00-19:00 on C3 with Gham Patel (coach)	<b>Adult group coaching (beginner)</b> Sunday 08:30-10:00 and 11:30-13:00 Contact HC Tennis for availability and prices	<b>Cardio Tennis</b>  Monday and Wednesday 19:00-20:00, Saturday 10:30-11:30 (Wednesday 6-7pm during Covid restrictions) Pre-book with Gham Patel (coach)			
<b>RUSTY</b> (Returning to the game, learning)			<b>Adult group coaching (intermediate)</b> Sunday 10:00-11:30 Contact HC Tennis for availability and prices		<b>Wednesday evening social mix-in</b> Wednesday from 18:00 Pre-book with Janice Coulthard: <a href="mailto:janice.coulthard@ntlworld.com">janice.coulthard@ntlworld.com</a>	
<b>CLUB PLAYER</b> (Social play, internal club competition)						<b>Competitive opportunities (internal):</b> <ul style="list-style-type: none"> <li>• Winter Singles League (WSL)</li> <li>• Ladders (singles &amp; doubles)</li> <li>• Summer club tournament</li> </ul>
<b>INTERMEDIATE CLUB PLAYER</b> (Mid-lower team standard, competing at county level)			<b>Sunday evening Team practice (winter)</b> Sunday from 18:00 until 19:30		<b>Midweek social</b> Tuesday & Thursday 14:00-16:00	<b>Team matches (external):</b> <ul style="list-style-type: none"> <li>• Middlesex League (summer): 6 x M teams, 5 x F teams</li> <li>• Team tennis (summer): 2 x M teams, 2 x F teams</li> <li>• Floodlit league (winter): 2 x M teams, 2 x F teams, 1 x mixed</li> <li>• Middlesex Cup: 1 x M, 1 x F, 1 x mixed</li> </ul>
<b>ADVANCED CLUB PLAYER</b> (Higher team standard, competing at Regional/National level)			<b>Rota to run/coach the Team practice</b>			
<b>OTHER ADULT PLAYING OPPORTUNITIES</b>	<b>Book &amp; Play</b> Use the MyCourts booking system to book courts and pay within: Your membership category and Court Usage Policy					
<b>JUNORS</b>	<b>ELTC Junior Coaching Programme</b> Contact George Matheou (coach) <ul style="list-style-type: none"> <li>• Monday-Friday after-school, Saturday morning</li> <li>• Holiday camps</li> <li>• Team matches (summer)</li> </ul>					
						<b>Individual coaching</b> Contact Coaching Team directly for availability and prices (Can be booked within the Court Usage Policy)